SAYN

The Project Results

The SAYN project aims to develop an innovative education methodology to help youth workers empower young NEETs through sport and non-formal education.

Within the project, two key results have been developed:

- A Training Manual for youth workers
- A Project Documentary

These tools support the development of soft skills, employability, and social inclusion among young people.

Project Results Overview

The SAYN project developed two key outputs:

- The SAYN Training Manual
- The SAYN Project Documentary

Both results aim to strengthen youth empowerment, employability, and inclusion through sport and non-formal education.

Co-funded by the European Union

The Manual

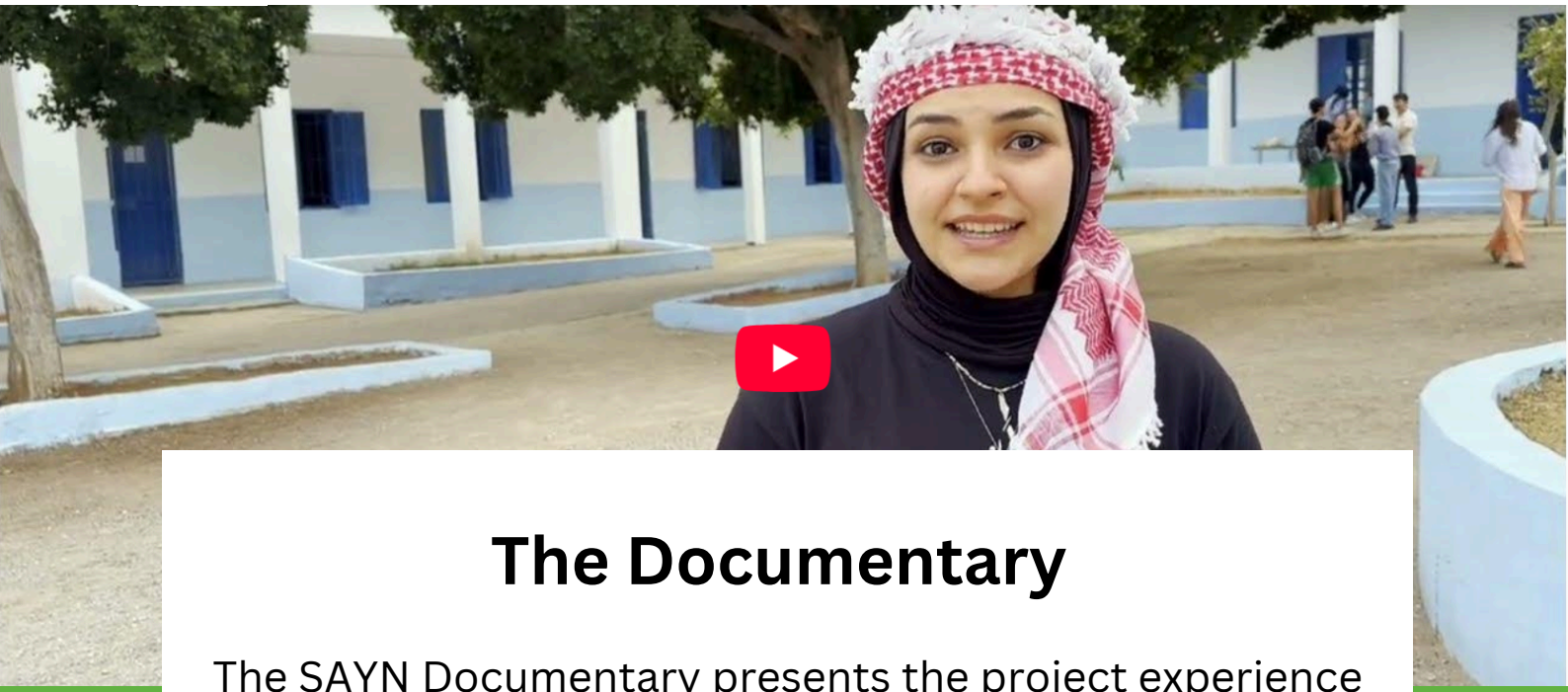
The SAYN Training Manual provides youth workers with a practical and replicable methodology to use sport and non-formal education to empower young people.

Objectives

- To support youth workers with practical training tools
- To develop soft skills useful for the labour market
- To promote inclusion and active participation of young NEETs

What you find in the Manual

The manual includes modules on communication, teamwork, project management, decision-making, digital and green competences, and leadership. It also provides sport-based activities and non-formal learning methods adaptable to different youth contexts.



The Documentary

The SAYN Documentary presents the project experience and its impact on young people and youth workers through sport and non-formal education.

Objectives

- To disseminate the project activities and results
- To raise awareness on sport-based non-formal education
- To share real stories and good practices from participants

What you find in the Documentary

The documentary includes interviews with young participants and youth workers, footage from training courses, youth exchanges and project activities, and reflections on motivation, skill development and social inclusion.
It visually shows how sport-based learning can empower young people and support their transition to education and employment.